Making Disciples, Transforming the World

Undergirding practices along the way

1. A disciple **worships**
2. Is a part of a **community**
3. Commits to **spiritual practices**
4. Is **generous and serves**
5. Is seeking to be **Christ-like**

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# Making Disciples, Transforming the World

## Exploring Christ

### Studies
- Ruben Job, “Three Simple Questions: Knowing the God of Love, Hope and Purpose” (6 weeks)
- Ruben Job, “Three Simple Rules: A Wesleyan Way of Living” (6 weeks)
- Will Willimon, “This We Believe: The Core of Wesleyan Faith and Practice” (8 weeks)

### Mission Experiences
- Thanksgiving and Christmas food baskets (collection, sorting, delivery)
- Food Drives (collection, sorting, delivery)
- Blood Drives
- CROP Hunger Walk/Relay for Life
- Rise Against Hunger

## Other Opportunities

- Hospitality Systems in place to welcome guests
- Vacation Bible School with classes for adults

## Transforming in Christ

### Studies
- Steve Harper, “Five Marks of a Methodist: The Fruit of a Living Faith” (6 weeks)
- James Harnish, “A Disciple’s Path: Deepening Your Relationship with Christ and the Church” (6 weeks)

### Mission Experiences
- 1 day/short-term VIM experiences
- Serve at a local soup kitchen or other local church outreach ministry
- Volunteer at an after-school tutoring or reading program
- Habitat for Humanity team

## Other Opportunities

- ALPHA?? → if we are going to promote this?
- Adult Confirmation

## Maturing in Christ

### Studies
- Elaine Heath, “Five Means of Grace: Experience God’s Love the Wesleyan Way” (6 weeks)
- Chris Folmsbee, “The Wesley Challenge: 21 Days to a More Authentic Faith” (3 weeks)
- Disciple Bible Study

### Mission Experiences
- Participate on a VIM Team
- Participate in visitation or prayer ministry at local church
- Coordinate a mission experience in the community

## Other Opportunities

- Walk to Emmaus
- Lay Servant Ministry (Basic Course)
- Sunday school/Small Groups (long term/relationship building)

## Centered in Christ

### Studies
- Magrey deVega’s “One Faithful Promise: The Wesleyan Covenant for Renewal” (6 weeks)
- Adam Hamilton, “Enough: Discovering Joy Through Generosity and Simplicity” (5 sessions)
- Christian Believer or second generation Disciple Bible Studies

### Mission Experiences
- Lead/Co-Lead a VIM Team
- Young Adult Mission/Service
- Project Transformation
- Global Mission Fellows

## Other Opportunities

- Lay Servant Ministry (Advanced Courses)
- VIM Team Leader Training
- Mission u (summer intensive – spiritual growth, geographic, social justice)
Making Disciples, Transforming the World

Concepts covered in each unit
These foundational and supplemental components are based on creating a Methodist identity as found in Wesley’s writings, primarily:

1. Accountability Questions (1729-30, 1733 [A Collection of Forms of Prayer for Every Day of the Week], 1781)
2. General Rules (1741)
3. Character of a Methodist (1743)
4. Means of Grace (1740’s)
5. Wesleyan Covenant for Renewal (1755)

Exploring

Three Simple Questions 6 weeks
Basic questions of life—Who is God? Who am I? Who are we together? (introduction, three questions – one week per question, praying the questions, living the questions)

Three Simple Rules 6 weeks
Three General Rules of Methodism (do no harm, do good, stay in love with God – two sessions per rule [one understanding the rule, one practicing the rule])

This We Believe 8 weeks
Major doctrines (introduction, One God, Jesus Christ, Holy Spirit, Guidance of Scripture, Salvation of Sinners, Christian Work and Witness, Gift of the Church)

Transforming

Five Marks/Methodist 6 weeks
Character of a Methodist (introduction, loves God, rejoices in God, gives thanks, prays constantly, loves others)

A Disciples Path 6 weeks
Membership Vows (introduction, prayers, presence, gifts, service, witness)

Maturing

Five Means of Grace 6 weeks
Means of Grace in Wesleyan Tradition (introduction, prayer, searching scripture, Holy Communion, fasting, conferencing)

Wesley Challenge 3 weeks
Wesley’s 21 Accountability Questions (Relationship with God: an upward focus; Relationship with Self: an inward focus; Relationship with Others: an outward focus)

Centering

One Faithful Promise 6 weeks
Wesley’s Covenant Prayer (introduction, confide in God, compose your spirit, claim the covenant, choose faithfulness, connect to God in prayer)

ENOUGH 5 weeks
Stewardship of Resources (introduction and 4 sessions – dreams/nightmares, wisdom, contentment, generosity)

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